

BREAKFAST MENU

Coffee for staff and parents only regular \$3.00
Large \$3.50

Everyday

Raisin toast	\$1.20
Honey, jam or vegemite toast	\$1.00
Pikelets with jam, maple syrup or honey	\$0.50
Cheese toast	\$1.50
Variety of cereals with milk	\$2.50
Fruit salad	\$3.00
Fruit salad with Greek yoghurt	\$3.70
Fresh orange juice	\$2.70
Warm milo	\$2.00
Cafe' style hot chocolate	\$2.50
Up and Go	\$2.50

Occasional

Anzac biscuits	\$0.50
Banana or mango and coconut bread	\$3.00
Variety of homemade muffins	\$1.50

RECESS MENU

Everyday

Seasonal fresh fruit	\$1.00
Fresh fruit salad	\$3.00
Fruit Kebab	\$1.00
Carrot sticks	\$0.20
Health pack (carrot, celery, cucumber, cheese and crackers)	\$3.00
Cucumber, celery and carrot cup with hummus	\$1.70
Cheese jaffle triangle	\$0.80
Pizza bread	\$1.00
Oven baked frittata bites	\$1.00
Yoghurt cups	\$1.00
Yoghurt cups with berries	\$1.50
Pauls vanilla Custard cup	\$1.00
Popcorn and raisin cups	\$1.00
Koala Popcorn plain	\$1.40

Occasional

Hash brown	\$1.00
Variety of homemade muffins	\$1.50
Bite size Spinach and ricotta triangles	\$0.50
Garlic bread	\$0.70
Jelly cups	\$1.00
Veggie chips (gluten free)	\$1.50

LUNCH MENU

Everyday

SANDWICHES

(white, wholemeal, multigrain, lowcarb, gluten free breads)

Vegemite or honey	\$1.80
vegemite and light tasty cheese	\$2.40
light tasty cheese	\$2.20
chicken, lettuce and mayo	\$4.00
chicken and salad	\$4.50
salad	\$3.50
tuna and mayo	\$3.20
tuna and salad	\$4.50
light tasty cheese and tomato	\$3.20
ham	\$3.00
ham and light tasty cheese	\$3.60
ham and salad	\$4.50
cheese and salad	\$4.50
ham, light tasty cheese and tomato	\$4.00

(extra fillings \$0.50, toasted \$0.50, roll \$1.00, turkish bread \$1.00, gluten free \$1.00)

Everyday

WRAPS

Chargrilled chicken lettuce tomato cucumber and mayo	\$5.00
Ham cheese and pineapple	\$5.00
Tuna lettuce tomato and mayo	\$5.00

Occasional

Chicken schnitzel avocado lettuce and mayo	\$5.00
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SALADS

Fruit salad and yoghurt	\$3.70
Salad and dressing	\$4.00
Grilled chicken and salad	\$5.00
Tuna salad	\$5.00
Greek Salad	small \$3.80 \$5.00
Cesaer salad (lettuce bacon parmesan and croutons)	\$5.00
Cesaer salad with chicken	\$6.00

HOT FOOD

Everyday

Pasta Bolognaise	\$4.00
Penne with napoletano sauce	\$3.80
<i>(gluten free pasta is also available)</i>	
Fried rice with vegetables	\$3.60
chicken kebab stick	\$2.70
chicken kebab in a roll	\$3.70
chicken kebab in a roll with lettuce and mayo	\$4.00
<u>chicken burger</u> (chargrilled chicken breast lettuce and mayo)	\$4.00
<u>Portuguese chicken burger</u> (chicken burger + portuguese and sweet chili sauce)	\$4.50
<u>Beef burger</u> (100%beef patty, lettuce tomato and sauce)	\$4.00
<u>Vegetarian burger</u> (vegetarian patty, lettuce tomato and mayo)	\$4.50

Soup of the day *(seasonal)*

Occasional

Mrs Macs Ricotta and spinach roll	\$3.00
Mrs Macs light meat cruizer pie	\$3.50
Mrs Macs sausage roll	\$3.00
Mrs Macs potato pie	\$3.80
Gluten Free Pie	\$5.00
Gluten Free Sausage roll	\$4.00
Halal pie	\$4.00
Halal sausage roll	\$3.00

(sachets of sauce .30 cents extra)

Haberfield Public School

The canteen will be open each morning at 8:30am

DRINKS

Everyday

water	\$2.00
sparkling mineral water	\$2.20
plain milk popper 250ml	\$2.00
flavoured milk	\$2.00
soy milk	\$2.50
coconut water	\$2.50

Occasional

juice poppers 99% fruit juice 250ml	\$2.00
Kids nudie juice	\$2.20
Quench flavoured sparkling mineral waters	\$2.00
Glee 99% fruit juice in sparkling mineral water	\$2.20

FROZEN FOODS

Everyday

Frozen seasonal fruit (watermelon, rockmelon, pineapple, oranges, grapes)	from \$0.10 to	\$1.00
Quelch stick		\$0.70
Juicies		\$1.00
Mini frozen yoghurt on a stick		\$0.80
coconut water based iceblocks		\$1.20

Occasional

Paddle pop	\$1.60
choc coats	\$1.00
Icy pole	\$1.20
calippo	\$1.50
twisted yoghurt cup	\$2.50

YBK DAILY SPECIALS

MONDAY	Pizza - margherita \$3.80 - ham&pineapple or vegetarian	\$4.50
	homemade teriyaki with vegetable and rice	\$4.50
TUESDAY	Homemade baked chcken drumsticks with potatoes	\$4.00
	Homemade lasagna with fresh napoletano sauce and mozzarella	\$4.00
WEDNESDAY	Homemade meatballs in napoletano sauce with bread	\$4.00
	Homemade butter chicken with rice + frozen juicie	\$5.00
THURSDAY	Honey soy wings with rice	\$4.50
	Bacon and egg burger + custard cup + frozen juice	\$5.50
FRIDAY	Sushi roll - chicken, tuna or vegetarian	\$3.50

WE CATER FOR SPECIAL DIETARY REQUIREMENTS UPON REQUEST:

GLUTEN FREE -DAIRY FREE- HALAL

LUNCH BAGS 10 CENTS - REUSABLE LUNCH BAG WALLETS \$12.00